

THE DANCE SPOT-Fall/Spring Schedule

September 8th-June 11th

MONDAY

<u>STUDIO 1</u>	<u>STUDIO 2</u>	<u>STUDIO 3</u>	<u>STUDIO 4</u>	<u>STUDIO 5</u>
5-6:30 Tech 3 Ballet	4:30-5:30 Int Hip Hop Ages 9+	4:30-5:30 KNM Ages 3-4	4:30-5:30 Tech 1 Contemporary	4:30-5:30 Ballet/Jazz Ages 6-8
6:30-7:30 Int/Adv Ballet Ages 12+	5:30-6:30 Tech 1 Ballet	5:30-6:30 KNM Ages 5-7	5:30-6:30 Beg/Int Jazz Ages 7-10	5:30-6:30 KNM Ages 4-6
8-9 Conditioning	6:30-7:30 Tech 1 Tap	6:30-7:30 Beg/Int Tap Ages 7-10	6:30-8 Tech 3 Jazz	6:30-7:30 Pointe 2
	7:30-8:30 Int/Adv Jazz 12+	7:30-8:30 Tap Adult		

TUESDAY

9:30-10:30 Barre Fit Adult	4:30-5:30 Beg/Int Jazz Ages 5-6		4:30-5:30 Musical Theater Ages 7-12	5:30-6:30 Beg/Int Hip Hop Ages 5-6
10:30-11:30 Pilates Adult	5:30-6:30 Stretch 7-11		5:30-6:30 Tech 2 Hip Hop	7:30-8:30 Tech 1 Hip Hop
5-6:30 Tech 4 Ballet	6:30-8 Tech 2 Ballet		6:30-8 Tech 4 Contemporary	
6:30-7:30 Musical Theater Ages 7-12			8:30-9:30 Tech 4 Hip Hop	

WEDNESDAY

4:30-5:30 Tech 1 Ballet	4:30-5:30 Beg Hip Hop Ages 7-10	5-6 Stretch Ages 11-13	6-7 Intro to Pilates Adult
5:30-7 Tech 3 Ballet	5:30-6:30 Tech 1 Jazz	6-7 Tech 2 Contemporary	7-8 Barre Fit Adult
	6:30-7:30 Hip Hop Cru Blue	7-8:30 Tech 3 Contemporary	
	7:30-8:30 Hip Hop Cru Black	8:30-9:30 Tech 3 Hip Hop	

THURSDAY

9:30-10:30 Barre Fit Adult	4:30-5:30 Beg Contemporary Ages 7-11	5:30-6:30 Beg/Int Ballet Ages 7-9	5-6:30 Tech 4 Jazz	5:30-6:30 Beg/Int Tap Ages 11+
10:30-11:30 Pilates	5:30-6:30 Tech 3 Tap	6:30-7:30 Beg/Int Ballet Ages 10-12	6:30-7:30 Stretch Ages 11+	7:30-8:30 Pointe 1
5-6:30 Tech 2 Ballet	6:30-7:30 Tech 2 Tap		7:30-8:30 Tech 2 Jazz	
6:30-8 Tech 4 Ballet	8-9 Tech 4 Tap			

FRIDAY

9:30-11 Yoga		5pm-6pm Beg Tumbling Ages 7-10
		6pm-7pm Int Tumbling Ages 11+

SATURDAY

RDC Rehearsals	RDC Rehearsals	RDC Rehearsals	
			10-11 KNM Ages 4-5
			11-12 KNM Ages 5-7