

The Dance Spot-Summer 2015
June 29th-August20th

MONDAY

STUDIO 1

5-6:30 Tech 5 Ballet
6:30-7:30 Tech 2 Ballet
7:30-8:30 Teen Ballet

STUDIO 2

4:30-5:30 Beg/Int Jazz 8-11
5:30-6:30 Beg Contemporary 8-11
6:30-7:30 Beg/Int Hip Hop 8-11
7:30-8:30 Tech 2 Hip Hop

STUDIO 3

5-6 KNM 3-4
7-8 Ballet Fit Adult

STUDIO 4

5-6:30 Tech 2 Jazz
6:30-8 Tech 5 Contemporary
8-9:30 Adv Leaps & Turns 11+

STUDIO 5

TUESDAY

9:30-10:30 Barre Fit Adult
10:30-11:30 Pilates Adult
5-6:30 Tech 1 Ballet
6:30-8 Tech 3/4 Ballet

5:30-6:30 Pointe Conditioning 11+
6:30-7:30 Beg/Int Ballet 8-11

5-6:30 Tech 3/4 Contemporary
6:30-7:30 Tech 1 Jazz
7:30-8:30 Drill Prep Jazz 12+
8:30-9:30 Drill Prep Stretch 12+
5:30-6:30 Beg/Int Hip Hop 6-8

WEDNESDAY

5-6:30 Tech 3/4/5 Ballet
6:30-8 Tech 2 Ballet
8-9:30 Int/Adv OPEN CLASS Adult

4:30-5:30 Tech 1 Tap
5:30-6:30 Tech 1 Hip Hop
6:30-7:30 Hip Hop Adult

6:30-7:30 Boys Hip Hop 7-11

5-6:30 Tech 2 Contemporary
6:30-8 Tech3/4/ 5 Jazz
8-9 Tech 3/4/5 Hip Hop

THURSDAY

9:30-10:30 Barre Fit Adult
10:30-11:30 Pilates Adult
5-6 Choreography Class 12+
6-7 Improv 8-11

7:30-8:30 Int Leaps & Turns 9+

4:30-5:30 Beg/Int Tap 6-8
5:30-6:30 Beg/Int Ballet 6-8

5-6 Stretch 8-11
6-7 Stretch 12+
7-8 Improv 12+

8-9 Pilates Adult

FRIDAY

9:30-11 Yoga